

[illegible]

Date	Morning (08:00 - 12:00)		Afternoon (12:00 - 05:00)		Evening (05:00 - 09:00)		Night (09:00 - 01:00)		Total	
	Activity	Duration	Activity	Duration	Activity	Duration	Activity	Duration	Activity	Duration
2023-10-26	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-10-27	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-10-28	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-10-29	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-10-30	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-10-31	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-01	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-02	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-03	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-04	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-05	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-06	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-07	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-08	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-09	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-10	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-11	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-12	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-13	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-14	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-15	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-16	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-17	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-18	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-19	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-20	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-21	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-22	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-23	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-24	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-25	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-26	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-27	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-11-28	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-11-29	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-11-30	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-12-01	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h
2023-12-02	Work	5h	Work	4h	Work	3h	Work	2h	Work	14h
2023-12-03	Work	3h	Work	2h	Work	1h	Work	0h	Work	6h
2023-12-04	Work	4h	Work	3h	Work	2h	Work	1h	Work	10h